



# Oneida County System of Care

Building Relationships Together

Resource Guide  
August 2023

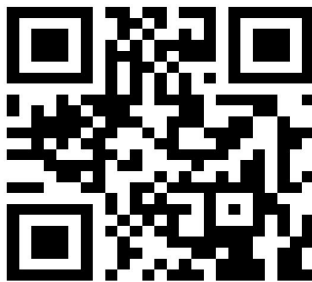


ANTHONY J. PICENTE JR.  
COUNTY EXECUTIVE

## **Herkimer County Offices**

- ◆ This Resource Guide was made available through collaboration and a partnership with The Oneida County Department of Mental Health/Oneida County Youth Services Council.
- ◆ Funding for this Resource Guide was made available through a grant from the New York State Office of Mental Health (NYS OMH) and The Research Foundation.
- ◆ This Guide is meant to help connect individuals to resources. It does not represent every resource in the community. For additional resources you can also call 211.

Visit our website for more information on individual providers: [www.oneidacountysoc.com](http://www.oneidacountysoc.com)



**Adult SPOA Coordinator:** (315) 525-0006

**Children's SPOA Coordinator:** (315) 867-1465

**Day Care Assistance:** (315) 867-1233

**Medical Assistance/Medicaid:** (315) 867-1239

**Mental Health Services :** (315) 867-1465

**Office for the Aging:** (315) 867-1121

**Public Health Department:**(315) 867-1176

**Supplemental Nutrition Assistance Program (SNAP):** (315) 867-1641

**Temporary Assistance:** (315) 867-1239

**Youth Bureau:** (315) 867-1213

## Madison County Offices

**Adult SPOA Coordinator:** (315) 366-2327  
**Child Care Assistance:** (315) 366-2211  
**Children's SPOA Coordinator:** (315) 366-2327  
**Medical Assistance/Medicaid:** (315) 366-2211  
**Mental Health Service:** (315) 366-2327  
**Mohawk Valley Perinatal Network:** (315) 732-4657  
**Office for the Aging:** (315) 697-5700  
**Public Health Department:** (315) 366-2361  
**Supplemental Nutrition Assistance Program (SNAP):** (315) 366-2211  
**Temporary Assistance:** (315) 366-2211  
**Youth Bureau:** (315) 366-2574

## Hotlines

**Alcoholics Anonymous:** (315) 732-6880  
**Child Abuse Hotline:** 1 (800) 342-3720  
**Domestic Violence - YWCA Mohawk Valley:** Call or text (315) 797-7740  
**Gambling and Chemical Dependency Hotline:**  
1 (877) 846-7369  
**Mobile Crisis Assessment Team (MCAT):** (315) 732-6228  
**Mohawk Valley Runaway and Homeless Youth:**  
(315) 525-7276  
**National Runaway Hotline:** 1- (800) RUNAWAY  
(1-800-786-2929)  
**NY State Domestic/Sexual Abuse Hotline:** 1 (800) 942-6906  
**NYS HOPEline (Addiction Assistance):** 1 (877) 846-7369  
**Poison Control:** 1 (800) 222-1222  
**Rape/Sexual Abuse Hotline:** 1 (800) 656-4673  
**Sex Trafficking Hotline:** 1 (888) 373-7888 or text **HELP** to 233733  
**Suicide Prevention Hotline:** 988  
Text **HOME** to **741741** to chat with a crisis counselor  
**Trevor Project LGBTQ+:** 1 (866) 488-7386 or text **START** to 678-678  
**Veterans Crisis Line:** 988, option 1

## Mental Health Counseling

This does not encompass all providers. Please talk to your insurance company or Primary Doctor for other resources

For additional resources: [www.psychologytoday.com](http://www.psychologytoday.com)

**ADHD & Autism Psychological Services and Advocacy, Utica:**  
(315) 732-3431

**Aspire Behavioral Health Solutions, Utica:** (315) 732-3431

**Barbara Arcuri, New Hartford:** (315) 794-5969

**Barbara Ruiz, Rome:** (315) 339-3935

**Black and Brown Therapists:**

**Kayla Hajdasz, New Hartford:** (315) 306-3682

**Mia Townsend, Whitesboro:** (315) 768-7181

**Sabrina Brown Engram Utica:** (315) 542-1987

**Sade Monique, New Hartford:** (315) 968-2622

**Britton Tarris, New Hartford:** (315) 717-5787

**Building Resilience, Rene Ciaccia, Whitesboro:** (315) 709-2556

**Clinton Therapy and Testing, Clinton:** (315) 859-1973

**Come to the Table, Camden:** (315) 533-2570

**Community Health and Behavioral Services (CHBS), Rome:**  
(315) 337-0773

**Community Health and Behavioral Services (CHBS), Utica:**  
(315) 798-8868 medication management at both locations

**Cornerstone, Mobile:** (315) 868-1000

**Cuda Counseling, Rome:** (315) 866-0100

## Support Groups

**Hospice Bereavement and Palliative Care:** (315) 735-6484 or  
1-800-317-5661

**The Good News Center, Utica:** (315) 735-6210

Caregiver support group

The Third Option: relationship education program

Parents of Addicted Loved Ones (PAL)

Grief Survivors support group

Separated and Divorced support group

Please see their website for more info. [www.thegoodnewscenter.org](http://www.thegoodnewscenter.org)

**The Compassionate Friends, Dolgeville:** (315) 823-1864 or  
(315) 858-2600, **Website:** [www.compassionatefriends.org](http://www.compassionatefriends.org)

## Youth Activities/Programs Cont.

**Side Kicks Karate and Wellness, Whitesboro:** (315) 533-0794

**Rebuilding the Village, Utica:** (315) 271- 1622 Help at risk youth by mentoring them

**VIP through Elevate, Westmoreland:** (315) 263-5590

### Activities hosted by the Oneida County Youth Bureau:

◆ (315) 798-5027

◆ [ocgov.net/departments/youth-bureau/](http://ocgov.net/departments/youth-bureau/)

*These events are held yearly but dates change so check the website for updated information:*

**Utica Blue Sox All-Skills Baseball Clinic:** ages 9-12. Equipment needed for participation includes a baseball glove, bat, and batting helmet.

**Sidewalk Chalk Art Contest:** ages 5-18

**Annual Youth Fun & Fitness Run (RAIN or SHINE):** Ages 4-13

**Science Technology Entry Program (Step):** (315) 792-5529, Assists qualified high school students considering careers in STEM services

**YMCA Rome:** (315) 336-3500

## Mental Health Counseling Cont.

**Dr. Minjah Siddiqi, Utica:** (315) 266-0600 Psychiatrist

**DRN Counseling, Mobile:** (315) 570-5058 or (315) 507-3858

**Freedom First, Latham NY:** (518) 560-4277 Autism Spectrum Disorder Evaluation

**Guarascio Psychological Services, Whitesboro:** (315) 605-8956

**Insights of Helio Health:** (315) 724-5168

**Jeana (Cacozza) Penree, New Hartford:** (315) 525-0684

**Jennie Mazza Jones, Clinton:** (315) 737-3094, specializes in play therapy

**Jim Ryan, New Hartford:** (315) 725-1728

**Kelberman Center Utica/ Rome:** (315) 797-6241, Autism/ Developmental Delay Services

**Margaret Williams, Syracuse:** (315) 472-4404 Developmental evaluations

**Maria Horan and Associates, Utica:** (315) 724-5344

**Meredith Gorton, Whitesboro:** (315) 749-3476

**Mohawk Valley Counseling Associates, New Hartford:**  
(315) 765-0121

**Mohawk Valley Counseling Associates:** (315) 765-0121

**Mohawk Valley Psychiatric Center, Rome – Rome Clinic:**  
(315) 336-6230 Adult Only

**Mohawk Valley Psychiatric Center, Utica – York Street Clinic:**  
(315) 738-4440 Adult only

**Mountain Mental Health Group, Boonville:** (315) 896-2100

## Mental Health Counseling Cont.

**Neighborhood Center, Rome:** (315) 272-2730, med management

**Neighborhood Center, Utica:** (315) 272-2700, med management

**New Hartford Psychiatric Services, Whitesboro:** (315) 768-7181,  
Incl. medication management

**New Hartford Psychological Services, Utica:** (315) 223-8889

**Paul Dischiavo, Utica:** (315) 235-1159

**Phyllis Moore, Clinton:** (315) 337-3849

**Professional Counseling Center, New Hartford:** (315) 733-0520 or  
(315) 897-5375

**Reflections Counseling, Camden:** (315) 245-0345

**Rising Potential Counseling, Utica:** (315) 520-0859 or  
(315) 864-3389

**Robert Sharpe, New York Mills:** (315) 507-5811 Incl. medication  
management

**Rosemary Hall, Barneveld:** (315) 896-2100

**Sacred Heart Healing, Rome:** (315) 335-4592, faith-based

**Samaritan Counseling:** (315) 724-5173

**Shelly Studer, Utica:** (315) 563-3890

**Sitrin Health Care Center, New Hartford:** (315) 797-8000

**Sphere Psychological Services, Utica:** (315) 860-0988

**The Door Counseling, Yorkville:** (315) 768-8900

**View Point VP Clinical Therapy Services, Whitesboro:**  
(315) 317-2698

**You Fit Counseling, Utica:** (315) 323-7893

## Youth Activities/Programs

**4-H program:** (315) 736-3394 ext. 112

**Athletic Program:** (315) 880-3472, [www.ucdevelopment.org/youth-programs](http://www.ucdevelopment.org/youth-programs) for more info on Utica Royalties and Athletic program

**Energy Zone Utica:** (315) 792-8720, Learn about electricity with interactive exhibits

**Kids with Promise at Thea Bowman, Utica:** ( 315) 735-6995 or  
(315) 797-0748 Lafayette St. Utica, Ages 13-18, They also have after school daycare programs

**MVCAA Summer Rec Program:** (315)624-9930, summer camp for income eligible youth

**MVCC Career Camp:** (315) 792-5300 offered in both Utica and Rome Locations for kids and teens

**MVCC summer sports camp:** <https://www.gomvhawks.com/information/camps/index> or call (315) 792-5660 for soccer, (315) 717-9000 for softball

**Neighborhood Center Youth Service Program Utica:**  
(315) 272-2600 drop in center for more information on this and other services, [www.neighborhoodctr.org](http://www.neighborhoodctr.org)

**The Root Farm, Sauquoit:** (315) 520-7046

**Underground Café for Teens, Utica:** (315) 735-1345

**Utica Royalties:** (315)880-3472 Email:  
[uticaroyalties@gmail.com](mailto:uticaroyalties@gmail.com)

**Wilsons Cops and Kids, Utica:** (315) 404-6567 Youth Boxing program

## **Office For People with Developmental Disabilities**

**The Front Door Enrollment:** 1(607)240-4900

**Lifepan (Care Coordination):** 1 (855) 543-3756

**Primecare (Care Coordination):** 1 (844)347-3168

**Southern Tier Connect: (Care Coordination):** 1(607) 376-7526

**Resource Center for Independent Living (RCIL), Utica:**  
(315) 797-4642

**Access VR (Employment and Educational Services):**  
(315)793-2536 or 1-800-624-6206

**MVCAA OPWDD Service Access Program:** (315)-624-9930

**MVCAA OPWDD Recreation Respite Program:** (315)-624-9930

**The 21 Club:** the21club.org, Down Syndrome Support and  
Education

**The ARC, Oneida Lewis:** (315) 735-6477 –Oneida  
(315) 272-1500– Lewis

**Upstate Caring Partners Family Connect Resource line:**  
(315) 927-3411

**CNY Quest, Utica:** (315) 732-3431

## **Veteran's Services**

**Coaching into Care:** 1-888-823-7458 education and support for  
those who are seeking care or services for a Veteran

**Local VA Mental Health Services:** (315)425-4400, ext. 52717  
[www.va.gov/syracuse-health-care/health-services/mental-health-care](http://www.va.gov/syracuse-health-care/health-services/mental-health-care)

**Resource Locator:** helps Veterans easily find VA resources in their  
area [www.veteranscrisisline.net/ResourceLocator](http://www.veteranscrisisline.net/ResourceLocator)

**Rome VA Clinic:** (315) 334-7100

**Sitrin Veteran Serices:** (315) 797-3114

**SSG Fox Suicide Prevention Grant Program:** (315) 601-4662 (this is  
also the UCD after hours line)

**Utica Center for Development:** (315) 765-0975 or (315) 601-4662

## **Language Services**

**Compass Interpreters, Utica:** (315) 749-7080

**Empire Interpreting Services for the Deaf, Homer NY:** 1 (844) 620-  
8594, includes remote services and translation

**Interpretek, American Sign Language, Rome:** (315) 356-1600

**Liberty Translators & Interpreters, Utica:** (315) 507-2419

**Mohawk Valley Interpreters, Utica:** (315) 864-8006

**Multilingual Interpretation Services (MIS), Utica:** (800) 340-8241,  
also offers translation services

**Tone Translation Services:** (315)738-1083

## Services

**ACR Health Support groups, Family Peer Advocacy, and Q Center (LGBGTQ):** (315) 475-2430

**Building Blocks Children's Care Management:** 1-800-853-6104

**CABVI:** (315) 797-2233 Resources for the blind and visually impaired

**Center for Family Life and Recovery:** (315) 733-1709, suicide prevention

**Child and Family Treatment and Support Services (CFTSS)** In Home Medicaid services for youth experiencing behavioral issues

**ICAN:** (315) 731-2640

**Neighborhood Center:** (315) 794-7493

**Cayuga Center:** (315) 253-5383 ext. 1131

**CNY Health Home Care Management:** (315) 624-9670, both children and adult (Medicaid program) need 2 or more chronic medical or mental health conditions to qualify for all Health Home Care management agencies

**Compeer Mentoring Program:** (315) 733-1709, volunteer-based program for youth and adults with a mental health diagnosis

**Eating Disorders- Sol Stone Center, Ithaca, Elmira, Liverpool:** 1 (877) 765-7866

**Elmcrest Respite Syracuse:** 1 (680) 895-0666, temporary crisis respite for kids 5+.

## Pediatrician/Family PCP

**MVHS-Whitesboro Medical, Whitesboro:** (315) 624-8800

**Naji El Khoury MD (Adults Only), New Hartford:** (315) 797-7450

**New Hartford Medical, New Hartford:** (315) 520-7100

**Oneida HC Verona Health, Verona:** (315) 363-3482

**Oneida Health Family Care, Camden:** (315) 361-2113

**Oneida Pediatric Group, Camden:** (315) 245-5483

**PED and ADOL Medical Assoc., Rome:** (315) 339-0401,  
**Utica:** (315) 624-9000

**Rome Health Medical Center, Rome:** (315) 338-7000

**Sauquoit Valley Pediatrics, Sauquoit:** (315) 737-3522

**Slocum Dickson Med. Group, Utica:** (315) 798-1502

**St. Elizabeth Family Medicine, Utica:** (315) 798-1149

**Susan Griffing FNP, New Hartford:** (315) 790-5998

**Tri-Valley Family. Vernon:** (315) 829-2220

**UFHC Rome, Rome:** (315) 624-9470

**UFHC Waterville, Waterville:** (315) 841-3835

**Upstate Family Health Center, Utica:** (315) 624-9470

**Utica Community Health Center, Utica:** (315) 793-7600

**Utica Pediatrics, New Hartford:** (315) 732-7909



## **Pediatrician/Family PCP**

**Adirondack Intrnl. Med & Peds, New Hartford:** (315) 235-1043

**Anchor Family Medicine, NY Mills:** (315) 765-0122

**Bassett-Clinton V12760, Clinton:** (315) 853-5550

**Blooming Pediatrics and FNP PLLC, New Hartford:** (315) 662-0162

**Boonville Family Care, Boonville:** (315) 942-3500

**Camden Family Care, Camden:** (315) 245-3192

**Chamkurkis Rao MD, Utica:** (315) 797-7766

**Ellinwood Pediatrics, New Hartford:** (315) 507-2704

**Family Health of CMH, Waterville:** (315) 841-4184

**Faxton St. Lukes-Barneveld, Barneveld:** (315) 624-8440

**Faxton St. Lukes-Washington Mills, New Hartford:** (315) 624-8300

**Faxton St. Lukes-Waterville, Waterville:** (315) 841-4973)

**Keever Family Practice, Oriskany Falls:** (315) 821-7277

**MVHS Faxton St. Lukes, Middle Settlement, New Hartford:**  
(315) 624-8500

**MVHS FSLHC Rome Medical Office, Rome:** (315) 336-8260

**MVHS Medical Group Boonville, Boonville:** (315) 942-4391

**MVHS North Utica, Utica:** (315) 792-5800

**MVHS St. Elizabeth Children's HC., Utica:** (315) 801-3161

**MVHS-Faxton St. Lukes OB Care Center, Utica:** (315) 624-6241

## **Services**

**Empowered Pathways Mediation:** (315) 724-1718

**F.A.C.T (Family Advocate Connections Team):** (315) 335-1612  
or (315) 795-6441 short term case management, insurance  
navigation, and advocacy.

**House of the Good Shepherd Children's Health Home Care  
Management:** (315) 235-7736

**Hutchings Respite Syracuse:** (315) 426-7770, this is a short  
term respite program for youth ages 10+.

**ICAN Children's Care Management:** (315) 792-9578

**Juvenile Fire Prevention:** (315) 880-0300

**Juvenile Probation- Rome:** (315) 356-2900

**Juvenile Probation- Utica:** (315) 798-5914

**Neighborhood Center Children's Care Management:**  
(315) 679-1192

**Oneida County Department of Mental Health:** (315) 768-3660,  
Children and Adult SPOA linkage for community services to  
those who have a primary mental health diagnosis and are in  
need of additional supports.

**Oneida County HEAP:** Utica (315-798-5559  
Rome (315) 356-2840

**Oneida County Medicaid:** (315) 798-5511, application can be  
mailed.

## Services Cont.

### Oneida County Public Health Department:

**Clinic:** (315) 798-5747, Utica and Rome. Immunizations, including required school vaccines, COVID-19, HPV, Flu, Hepatitis and Green Card immunizations. STD and HIV testing and treatment referrals. TB Management and Screening. Communicable Disease Management

**Special Children Services:** (315) 798-5429 Early intervention, Pre-school program and children and youth with special health care needs

**Lead Poisoning Prevention Program:** (315) 798-5064

**Adolescent Tobacco Use Prevention ACT:** (315) 798-5064

**Overdose Prevention and Substance Use Program:**  
(315) 798-6400

### Oneida County Office for the Aging and Continuing Care:

(315-) 798-5456

**Oneida County SNAP:** Utica (315)798-5502, Rome (315) 356-6506

**Oneida County Temporary Assistance:** Utica (315)798-5804  
Rome (315) 356-2800

**Oneida County WIC:** (315) 798-5066, Financial assistance for low income mothers

## Food

**CNY Food Bank, Utica:** (315) 437-1899

**Hope House, Utica:** (315) 793-3723

**Johnson Park, Utica:** (315) 734-9608

**Mother Marianne's West Side Kitchen, Utica:** (315) 735-3289

**Rescue Mission of Rome Hot Meals & Rome Food Pantry:**  
(315) 337-2516

**Rescue Mission of Utica Hot Meals & Utica Food Box, Utica:**  
(315) 735-1645 X 2131

**Rome Food Pantry, Rome:** (315) 337-8600

**St. John's Food pantry, Utica:** (315) 525-6157

**Utica Food Pantry, Utica:** (315) 724-6000

## Clothing

**Catholic Charities, Utica:** (315) 724-2158

**The Clothing Closet, Rome:** (315) 337-8600

**United Way, Utica:** (315) 733-4691

**Utica Center for Development, Utica:** (315) 765-0975

**YWCA, Utica:** (315) 797-7740

## Job Readiness/Employment Services

**BASE—Vocational Program:** (315) 731-0920, for youth ages 14-21 eligible for an IEP or 504 plan and has a documented disability

**Project Aim, Utica:** (315) 272-2630, youth only

**Summer Youth Employment:** (315) 798-5543

**Women’s Employment and Resource Center, Utica:**  
(315) 724-1718 Herkimer, Madison and Oneida Counties, job readiness, help with resumes, etc.

**Working Solutions:** (315) 207-6951 use, ext 118 for Reentry Task Force – helps those on parole

## Homelessness/Housing

**Grady’s Way, Utica:** (315) 801-7020

**Evelyn’s House for young mother’s, Utica:** (315) 733-0236

**Home Ownership Program:** (315) 724-4197

**Mohawk Community Action Emergency Rental Assistance:**  
(315) 624-9930

## Other Resources

**ACR Health syringe exchange program, Utica:** (315) 475-2430

**MCAT Bridge Script Program:** (315) 732-6228, accessed through the crisis line, just ask to speak with a counselor about the program. This program can help by providing a script for certain medications while you wait for a new provider appt.

**Health Friends:** (315) 724-0988 Partial Medication Payment Program

**Health Benefits Navigator:** (315) 272-2224

**Hears helpline:** 1 (888) 55HEARS ( 1-888-554-3277), helps connect families to resources

**Kinship Connections:** (315) 272-2630 for relatives or non parent caregivers of children

**Legal Aid:** (315) 793-7000

**Legal Services of Central NY:** 1-877-777-6152

**Medicaid cab:** 1 (855) 852-3288

**On Point for College:** (315) 790-5588, assistance with enrolling in college, filling out forms, locating financial aid, etc.

**R4K program:** (315) 733-4691, contact the United way for information. Kindergarten preparation program

**SOHO:** (315) 272-2694, adoptive and Guardianship Family Resource

**Traid:** (315) 292-1968, free rental program for people who need assistive devices

## Substance Use Treatment

**Beacon Center Rome:** (315) 367-1280 outpatient treatment  
315-367-1290 x 153 Opioid Treatment

**Beacon Center Utica:** (315) 366-4100 x 115, outpatient  
treatment for adults and adolescents, Mental health counseling  
for adults only (315) 367-1285 Opioid Treatment

**Center for Family Life and Recovery:** prevention services

**Utica:** (315) 733-1709

**Rome:** (315) 336-3090

**Community Recovery Center, Rome:** (315) 334-4701  
Outpatient services for both adults and adolescents

**Free Narcan Kits:** (315)-768-3660 or 315-798-6400

**Helio Health Opioid Treatment Program, Utica:**  
(315) 624-9835

**Insights of Helio Health, Utica:** (315) 724-5168, dual diagnosis  
outpatient treatment for both adults and adolescents

**Peer Engagement Specialist:** (315) 735-1645 ext.2161, Adults  
Only

**Upstate Caring Partners, Utica:** (315) 798-8868, dual diagnosis  
treatment, walk-in hours

## Parenting/Child Care

**Carenet:** (315) 738-9435 or Text (315)864-5334

**Child Care Council of Cornell Cooperative Extension:**  
1 (888) 814-KIDS (5497) or (315) 223-7850 cover Herkimer,  
Oneida and Madison counties

**Family Nurturing Center:** (315)738-9773, offers parenting  
classes, visitation, education, resources and more

**Healthy Families:** (315)792-9578 Resources for expecting  
families

**Kelberman Center Parent Support Group Email:**  
parentRoundtable@kelbermancenter.org

**MV Perinatal Network:** (315)732-4657

**Oneida County Daycare:** (315) 798-5015 for those who receive  
temporary assistance or (315) 266-6191 for those that do not  
receive temporary assistance

**Planned Parenthood: Utica** (315) 724-6146,  
**Rome** (315) 337-8584

**Triple-P Parenting Classes:** (315) 768-2653, there is a fee

**Please remember to practice safe sleep for your babies!**

**ABC – ALONE, BACK, CRIB**

Every Time Baby Sleeps! Baby should always sleep alone – not  
with an adult, other children, a twin, or anyone else. Baby  
should sleep alone, in a safe crib or play yard, in the same room  
as the caregiver. Baby should always be put down to sleep on  
his/her BACK.